

THE GVS 10K TRAIL RACE

2019 RESULTS

Position	Race no.	Name	Gender	Cat	Club	Gun Time	F Pos	M Pos	Cat Pos	Team Pos
1	8	LEE ASHWOOD	M	MV45	DISLEY RUNNERS	0:41:29		1	1	1
2	9	JOHN ATKINSON	M	MSEN	U/A	0:42:16		2	1	
3	191	PAUL TARGETT	M	MV50	HOLCOMBE HARRIERS	0:42:39		3	1	1
4	147	JONATHAN SEWELL	M	MV45	BUXTON AC	0:43:10		4	2	1
5	169	PETER WILLIAMS	M	MSEN	WILMSLOW STRIDERS	0:43:19		5	2	1
6	108	JAMES MARSHALL	M	MSEN	U/A	0:43:44		6	3	
7	125	PAUL OAKLEY	M	MV55	GOYT VALLEY STRIDERS	0:44:09		7	1	1
8	63	KEVAN GARNER	M	MV50	STOCKPORT HARRIERS	0:44:39		8	2	1
9	157	JON TERRY	M	MV45	SALE HARRIERS MANCHESTER	0:44:41		9	3	1
10	86	MICK HUTCHINS	M	MV40	SANDBACH STRIDERS	0:45:13		10	1	1
11	183	DAVID CLARKE	M	MV60	U/A	0:45:33		11	1	
12	37	DANIEL COLLINS	M	MSEN	PENNINE FELL RUNNERS	0:45:48		12	4	1
13	188	OWEN BARRON	M	MV55	UTTOXETER	0:46:11		13	2	1
14	53	ANDY DUNLEAVY	M	MV60	BURNDEN ROAD RUNNERS	0:46:26		14	2	1
15	110	IAN MASON	M	MV50	KINGSTONE RUNNERS BARNESLEY	0:46:34		15	3	1
16	189	DAVID LAWRENCE	M	MV40	MACCLESFIELD HARRIERS	0:47:03		16	2	1
17	163	IAN WALKER	M	MV55	U/A	0:47:13		17	3	
18	46	PETE DAWES	M	MSEN	U/A	0:47:21		18	5	
19	15	CARL BARTON	M	MV45	DISLEY RUNNERS	0:47:38		19	4	2
20	18	PAUL BECKETT	M	MV55	STOCKPORT HARRIERS	0:47:51		20	4	2
21	66	DAVID GIBBS	M	MV55	U/A	0:48:23		21	5	
22	178	RUTH PETTIT	F	FSEN	U/A	0:48:27	1		1	
23	145	JONATHAN SADLER	M	MSEN	U/A	0:49:05		22	6	
24	166	CHRISTOPHER WHELPTON	M	MV45	HIGH PEAK TRIATHLON CLUB	0:49:53		23	5	1
25	182	BRIAN DAVIES	M	MV55	U/A	0:50:13		24	6	
26	40	TIM CROOKES	M	MV50	START2JOG	0:50:14		25	4	1
27	99	STEPHEN LIMB	M	MV40	U/A	0:50:24		26	3	
28	187	TREVOR HIBBERT	M	MV40	SINFIN RC	0:50:37		27	4	1
29	94	STUART JONES	M	MV55	STEEL CITY STRIDERS	0:50:44		28	7	1
30	143	AMY RYDER	F	FSEN	U/A	0:50:58	2		2	
31	39	STEPHEN CROOK	M	MV45	U/A	0:50:59		29	6	

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32	113	NEIL MCQUILLAN	M	MSEN	U/A	0:51:05		30	7	
33	135	MARK PLATTS	M	MV45	STAFFORDSHIRE MOORLANDS AC	0:51:11		31	7	1
34	114	RACHEL MCVITTIE	F	FSEN	CHORLTON RUNNERS	0:51:13	3		3	1
35	93	RHYS JONES	M	MV40	U/A	0:51:36		32	5	
36	65	DAVE GASKELL	M	MV45	KNUTSFORD TRI CLUB	0:51:38		33	8	1
37	22	ANDREW D BOOTH	M	MSEN	U/A	0:51:40		34	8	
38	146	CAROLINE SCOTT	F	FV45	SINFIN RC	0:51:44	4		1	1
39	106	COLIN MARSH	M	MV50	HIGH PEAK TRIATHLON CLUB	0:51:47		35	5	2
40	177	DAVID MURCH	M	MV45	POYNTON RUNNERS	0:51:57		36	9	1
41	88	PHIL JACKSON	M	MV45	U/A	0:52:11		37	10	
42	1	PAUL AIRD	M	MV60	DEESTRIDERS RC	0:52:16		38	3	1
43	137	GLENNIS RICHARDSON	F	FV60	STOCKPORT HARRIERS	0:52:45	5		1	1
44	47	MATTHEW DAY	M	MV40	GOYT VALLEY STRIDERS	0:53:12		39	6	2
45	111	JONATHAN MCCABE	M	MV40	U/A	0:53:25		40	7	
46	30	ROBIN CARRUTHERS	M	MV50	U/A	0:54:09		41	6	
47	2	AZ ALAM	M	MV40	U/A	0:54:14		42	8	
48	104	BILLY MAAT	M	MSEN	U/A	0:54:15		43	9	
49	57	DUNCAN FERGUSON	M	MV45	NORTHWICH RUNNING CLUB	0:54:20		44	11	1
50	27	EMMA CAMERON	F	FSEN	GOYT VALLEY STRIDERS	0:54:20	6		4	1
51	154	ISOBEL STEVENSON	F	FSEN	U/A	0:54:40	7		5	
52	45	PETER J DAVIS	M	MSEN	U/A	0:54:54		45	10	
53	70	ANDY GORMAN	M	MSEN	U/A	0:54:58		46	11	
54	122	ALICE NIMMO	F	FSEN	CONGLETON HARRIERS	0:54:58	8		6	1
55	84	NEIL HURREN	M	MV40	MARPLE RUNNERS	0:55:03		47	9	1
56	192	WENDY TRELEASE	F	MV45	GLOSSOPDALE HARRIERS	0:55:05	9		12	1
57	98	ROLINE ELIZABETH KATE LEI	F	FSEN	U/A	0:55:16	10		7	
58	79	PHIL HOLDEN	M	MV40	U/A	0:56:14		48	10	
59	185	GAIL LOWE	F	FV50	NITENDERS	0:56:45	11		1	1
60	184	NIGEL FISHWICK	M	MV40	SANDBACH STRIDERS	0:57:01		49	11	2
61	13	TARJA BARNES	F	FV50	WARRINGTON ROAD RUNNERS	0:57:29	12		2	1
62	132	VICTORIA PICKFORD	F	FSEN	BOLLINGTON HARRIERS	0:57:34	13		8	1

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63	159	HELENA TINKER	F	FV40	U/A	0:57:44	14		1	
64	156	JOSHUA STRANGE	M	MSEN	U/A	0:57:51		50	12	
65	92	ALICE JOHNSON	F	FSEN	U/A	0:57:52	15		9	
66	118	STUART MORTEN	M	MV45	U/A	0:58:07		51	13	
67	133	GILLIAN PLANT	F	FV55	RESOLUTION RUNNERS	0:58:12	16		1	1
68	48	NOA DIAZ	F	FV40	DISLEY RUNNERS	0:58:14	17		2	1
69	126	STEVEN O'FLAHERTY	M	MSEN	U/A	0:58:18		52	13	
70	33	JULIA CHIDLEY	F	FV45	U/A	0:58:35	18		2	
71	51	ANDREW DODD	M	MV45	WILMSLOW STRIDERS	0:58:38		53	14	2
72	14	DAVID BARNES	M	MV55	WARRINGTON ROAD RUNNERS	0:58:42		54	8	1
73	6	JAC ASHTON	M	MSEN	U/A	0:58:46		55	14	
74	7	LISA ASHWOOD	F	FV45	DISLEY RUNNERS	0:58:54	19		3	1
75	117	KAREN MOLLOY	F	FV45	U/A	0:58:55	20		4	
76	42	STEVEN CURRAN	M	MSEN	U/A	0:59:07		56	15	
77	149	NATALIE MARIE SHANNON	F	FSEN	U/A	0:59:18	21		10	
78	179	WAYNE PETTITT	M	MV40	BROUGH PARK RUNNING CLUB	0:59:27		57	12	1
79	35	PAUL CLIFFORD	M	MV55	WINSTON RUNNERS	0:59:31		58	9	1
80	60	DEBBIE FORSTER	F	FV45	DISLEY RUNNERS	0:59:33	22		5	2
81	186	PAUL LOWE	M	MV50	NITENDERS	0:59:34		59	7	1
82	59	PETER FLINT	M	MSEN	U/A	0:59:36		60	16	
83	44	MATTHEW DAVIES	M	MSEN	U/A	0:59:53		61	17	
84	105	KENNETH MACLEOD	M	MSEN	U/A	1:00:16		62	18	
85	50	SALLY-ANN DODD	F	FV40	WILMSLOW STRIDERS	1:00:19	23		3	1
86	67	GEOFF GILBERT	M	MV65	U/A	1:00:28		63	1	
87	174	ROSIE WOOD	F	FV45	U/A	1:00:42	24		6	
88	134	GARRY PLANT	M	MV45	HIGH PEAK TRIATHLON CLUB	1:00:48		64	15	3
89	55	SARAH ECCLES	F	FSEN	U/A	1:01:21	25		11	
90	116	HITEN MITHA	M	MSEN	CHORLTON RUNNERS	1:01:22		65	19	1
91	85	MIKE HUSBANDS	M	MV55	U/A	1:01:27		66	10	
92	61	JAMES GALBRAITH	M	MV50	U/A	1:01:57		67	8	
93	16	LUCY BATES	F	FV40	U/A	1:02:18	26		4	

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94	165	FRANCES WEST	F	FV55	BOLLINGTON HARRIERS	1:02:19	27		2	2
95	138	HELEN RICKARDS	F	FV50	U/A	1:02:25	28		3	
96	190	ALWYN MULRYNE	M	MV50	DISLEY RUNNERS	1:02:45		68	9	3
97	72	SARAH E GROVES	F	FV40	DISLEY RUNNERS	1:02:45	29		5	2
98	139	CHRISTINE RITCHIE	F	FV60	MACCLESFIELD HARRIERS	1:02:53	30		2	1
99	32	GEOFF CHANNON	M	MV65	STAFFORDSHIRE MOORLANDS AC	1:03:06		69	2	2
100	82	MARK HUGHES	M	MSEN	U/A	1:03:21		70	20	
101	153	CATHERINE STANIFORTH	F	FV40	U/A	1:03:32	31		6	
102	34	HEATHER CLARKSON	F	FSEN	U/A	1:03:37	32		12	
103	180	JULIE PETTITT	F	FV40	BROUGH PARK RUNNING CLUB	1:03:38	33		7	1
104	77	MAXINE HICKSON	F	FV45	U/A	1:03:40	34		7	
105	141	HEATHER ROONEY	F	FV50	LYME RUNNERS	1:03:44	35		4	1
106	10	LOIS AXSON	F	FSEN	BOALLOY RUNNING CLUB	1:03:54	36		13	1
107	107	REBECCA MARSHALL	F	FSEN	U/A	1:03:54	37		14	
108	75	GAIL HEATHCOTE-MILNER	F	FV55	U/A	1:04:02	38		3	
109	78	FAYE HODGKINSON	F	FV60	U/A	1:04:17	39		3	
110	148	SARAH L SEWELL	F	FV55	BUXTON AC	1:04:19	40		4	1
111	128	FRANK O'ROURKE	M	MSEN	U/A	1:04:35		71	21	
112	101	HEATHER LITTLEMORE	F	FSEN	U/A	1:04:36	41		15	
113	90	BECKY JENKINS EVANS	F	FSEN	U/A	1:04:39	42		16	
114	62	JOSIE GALBRAITH	F	FV40	CONGLETON HARRIERS	1:04:48	43		8	2
115	83	GEOFFREY H J HULL	M	MV70	MACCLESFIELD HARRIERS	1:04:52		72	1	2
116	181	ROSS KENNEDY	M	MV40	U/A	1:05:03		73	13	
117	120	GINA NEWMAN	F	FV40	U/A	1:05:21	44		9	
118	3	KOIA ALEXANDRA	F	FSEN	LONELY GOAT RC	1:05:21	45		17	1
119	160	GILL TURTON	F	FSEN	U/A	1:05:42	46		18	
120	176	CHRIS JOHNSON	M	MV70	EAST CHESHIRE HARRIERS	1:05:43		74	2	1
121	129	SALLY OWEN	F	FV50	MATLOCK ATHLETIC CLUB	1:05:49	47		5	1
122	17	DAVID BAUGH	M	MV45	NORTHWICH RUNNING CLUB	1:05:56		75	16	2
123	81	PADDY HORGAN	M	MV55	GOYT VALLEY STRIDERS	1:06:51		76	11	3
124	4	PETER AMBROSE	M	MV60	GOYT VALLEY STRIDERS	1:07:05		77	4	4

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125	155	STEVEN STEWART	M	MSEN	U/A	1:07:20		78	22	
126	127	ERICA ORAM	F	FV50	U/A	1:08:00	48		6	
127	31	GILLIAN CARTLEDGE	F	FV45	DAVENPORT RUNNERS	1:08:14	49		8	1
128	56	JACQUI EVANS	F	FV40	DAVENPORT RUNNERS	1:08:15	50		10	2
129	58	DEBBIE FLEET	F	FV45	U/A	1:09:04	51		9	
130	96	SARAH D KELLY	F	FV40	U/A	1:09:15	52		11	
131	19	KATE BEER	F	FSEN	U/A	1:09:26	53		19	
132	91	MARIE JENKINS EVANS	F	FV40	U/A	1:09:28	54		12	
133	74	AMANDA HAWTHORNE	F	FV45	DISLEY RUNNERS	1:09:55	55		10	3
134	95	JANA JULINKOVA	F	FV45	WINSTON RUNNERS	1:13:19	56		11	1
135	38	LORRAINE COSTELLO	F	FV55	RESOLUTION RUNNERS	1:13:37	57		5	2
136	142	LORNA ROYLE	F	FV45	DEESTRIDERS RC	1:13:37	58		12	1
137	175	ELIZABETH WOOD	F	FV45	U/A	1:13:46	59		13	
138	73	PAUL HATHAWAY	M	MV45	U/A	1:14:31		79	17	
139	52	MARTIN DODGE	M	MV45	GOYT VALLEY STRIDERS	1:15:13		80	18	5
140	64	SARAH GARNETT	F	FV40	DISLEY RUNNERS	1:15:20	60		13	4
141	71	LOUISE GOUGH	F	FSEN	LONELY GOAT RC	1:15:51	61		20	2
142	161	KATIE TYREMAN	F	FV40	U/A	1:15:51	62		14	
143	5	EDWARD AMESBURY	M	MV50	U/A	1:15:52		81	10	
144	89	NATHALIE JANVIER	F	FV45	DAVENPORT RUNNERS	1:15:52	63		14	3
145	29	LAUREN CAPE-DAVENHILL	F	FSEN	U/A	1:16:35	64		21	
146	12	ELLIE BANKS	F	FSEN	U/A	1:16:36	65		22	
147	20	HANNAH BERESFORD	F	FSEN	U/A	1:16:39	66		23	
148	26	NICOLA BURT	F	FSEN	TEAM SHORT SHORTS	1:17:26	67		24	1
149	152	ELIZABETH A SMITH	F	FV55	U/A	1:19:49	68		6	
150	54	CHERYL DUNLEAVY	F	FV40	BURNDEN ROAD RUNNERS	1:20:42	69		15	1
151	172	GEOFFREY WILSON	M	MV70	SPECTRUM STRIDERS	1:23:03		82	3	1
DNF	23	JOHN BROOM	M	MV45	PENISTONE FOOTPATH RUNNERS					
DNF	24	DAWN BROOM	F	FV55	PENISTONE FOOTPATH RUNNERS					