

Goyt Valley Striders

Shady Oak Tough 10k 2006

www.goytvalleystriders.org.uk

Pos	Number	Name	Club	Category	Time
1	33	Michael Halman	Wilmslow RC	M	37:25
2	97	Philip Atherton	Unattached	M	39:27
3	10	Rob Downs	Wilmslow RC	V40	39:46
4	47	Richard Houghton	Buxton AC	V40	40:08
5	90	Andy Pead	Unattached	M	40:37
6	37	Len Best	Stockport Harriers	V50	40:47
7	103	Jim Pendrill	Wilmslow RC	M	40:49
8	42	Jeffrey Capper	Wilmslow RC	M	41:20
9	81	Les Footitt	Unattached	V40	41:48
10	67	Smallwood	Wilmslow RC	V40	42:05
11	70	Nat Winfield	Pennine FR	M	42:15
12	76	Ben Gregory	Stockport Harriers	V50	42:18
13	49	Nigel Critchlow	Buxton AC	M	42:28
14	61	Nick Bishop	Wilmslow RC	V40	42:51
15	104	Robert J White	Unattached	M	43:30
16	52	Tony Hulme	Wilmslow RC	V50	43:39
17	77	Peter Carne	Wilmslow RC	V40	43:59
18	84	Donald O'Brian	Buxton AC	V50	44:03
19	53	Jane Clarke	Wilmslow RC	FV35	44:27
20	86	Andy Butler	Goyt Valley Striders	V40	44:45
21	16	Julian Brown	Macclesfield Harriers	V40	44:52
22	101	Paul Tutt	Unattached	M	45:08
23	44	Ray Noble	Wilmslow RC	M	45:11
24	66	Duncan Crompton	Lostock A.C.	V40	45:52
25	15	Andrew Moore	Totley AC	V40	46:10
26	75	Kate Ayres	Wilmslow RC	FV45	46:14
27	55	Steve Smith	Wilmslow RC	V40	46:21
28	88	John Harvey	Stockport Harriers	M	46:40
29	38	Andy Watts	Wilmslow RC	V50	46:56
30	85	Richard Thomas	Macclesfield Harriers	V40	47:13
31	74	Ian Harris	Spectrum Striders	M	47:31
32	26	Robin Winfield	Unattached	M	47:32
33	89	Stephen Walker	Unattached	M	47:35
34	111	Steve Bowker	Unattached	V50	47:36
35	107	Vaughan McKay	Glossopdale Harriers	V50	47:56
36	60	D M Smith	Stockport Harriers	V60	48:15
37	48	Colin Wilshaw	Buxton AC	V40	48:35
38	58	David Nutton	Buxton AC	V40	48:36
39	5	David Guy	Unattached	M	48:40
40	87	John Peacock	Unattached	V50	48:42
41	106	Michael Brown	Stockport Harriers	M	48:46
42	12	Andrew Lawrence	Unattached	V40	49:00
43	93	James Dean	Unattached	M	49:02
44	73	Paul Ayres	Wilmslow RC	V50	49:16
45	36	Gareth Trimble	Wilmslow RC	M	49:26
46	32	Guy Johnson	Unattached	M	49:32
47	27	Gail Nerurkar	Thames Hare & Hounds	FV35	49:58
48	51	Colin Finney	Stockport Harriers	V40	50:32
49	68	Don Bullough	Wilmslow RC	V40	51:03
50	11	Darren Bergman	Unattached	M	51:15
51	22	Colin Smith	Unattached	V40	51:35
52	43	Kate Cooper	Glossopdale Harriers	F	51:39
53	56	Roland Meylan	Buxton AC	M	51:48
54	94	Louisa Gilbert	Wilmslow RC	F	51:54
55	35	Ian Ashcroft	Wilmslow RC	V60	52:00
56	34	David Wheable	Wilmslow RC	M	52:04

57	71	John Potter	Cheshire Talley Ho	V40	52:14
58	14	Kate Sutton	Wilmslow RC	FV35	52:22
59	98	David John Vann	Unattached	V40	52:50
60	102	Eric Normansell	Stockport Harriers	V60	52:55
61	82	Paul Learoyd	Unattached	M	53:04
62	92	Geraldine O'Grady Th	Unattached	FV35	53:11
63	59	Malcolm Woodrow	Unattached	V40	53:35
64	105	Julie Brown	Unattached	FV35	54:08
65	46	Penny Hinke	Wilmslow RC	FV45	54:14
66	41	Allan Kay	100 Marathan Club	V50	54:43
67	39	Rod Coombs	Wilmslow RC	V50	55:00
68	17	Jo Miles	Macclesfield Harriers	FV35	55:05
69	50	Barry Thompson	Stockport Harriers	V50	55:14
70	3	Julie Lucas	Wilmslow RC	FV35	55:20
71	69	Paul Hunt	Goyt Valley Striders	V40	55:24
72	108	Glyn Roberts	Unattached	M	55:32
73	110	William Halliwell	FRA	V50	55:38
74	57	Mike Turner	Buxton AC	M	55:46
75	54	Clare Raferty	Wilmslow RC	FV35	55:49
76	91	Catriona Marshall	Wilmslow RC	FV35	56:10
77	45	Trevor Faulkner	Wilmslow RC	V60	56:26
78	109	Jonathan Heyes	Goyt Valley Striders	M	56:58
79	72	Matthew Radbourne	Sinfin Running Club	M	57:18
80	96	Ken Jackson	Stockport Harriers	V60	57:30
81	99	Sarah O'Dunnell	Unattached	FV35	57:39
82	24	Hannah Coram	Goyt Valley Striders	F	57:43
83	25	Lindsay Palmer	Glossopdale Harriers	FV35	58:05
84	78	Will Meredith	Goyt Valley Striders	M	58:14
85	21	Malcolm Longmate	Unattached	V50	58:24
86	4	Julie Savage	Unattached	FV45	58:32
87	40	Roy Pownall	Wilmslow RC	V50	58:56
88	6	Lynne hall	Unattached	FV35	58:59
89	95	Geoff Gilbert	Wilmslow RC	V50	59:29
90	79	Sarah Ledbury	Unattached	F	60:03
91	83	Maria Powell	Wilmslow RC	F	60:08
92	62	Alexis Dinsmor	Pennine FR	FV55	60:46
93	2	Kathryn Smith	Unattached	FV45	61:25
94	80	Tony Bray	Unattached	V50	61:46
95	29	Steven Berry	Unattached	V40	62:42
96	28	Andrew Sykes	Unattached	V40	63:18
97	65	Jean Dolan	Altrincham	FV55	64:07
98	7	Jane Hadfield	Unattached	FV35	65:24
99	63	Barbara Jones	Unattached	FV45	67:28
100	100	Julie Ryan	Unattached	FV35	68:05
101	64	Jemima Lawrence	Unattached	FV45	68:06
102	30	Julia Easter	Unattached	FV35	69:06